COVID-19 EXPOSURE PROCESS

LOW RISK
Employee should wash hands, clean surfaces & stay at work.

SYMPTOMS: FEVER | COUGH | SHORTNESS OF BREATH OR DIFFICULTY BREATHING | CHILLS
REPEATED SHAKING WITH CHILLS | MUSCLE PAIN | HEADACHE | SORE THROAT | NEW LOSS OF TASTE OR SMELL

Start Here

Were you informed someone you may have had contact with was diagnosed with COVID-19.

Yes

No

Low Risk

Employee should wash hands, clean surfaces & stay at work.

Were the contact more than 15 minutes AND less than 6 feet, OR did they sneeze and/or cough on you?

Yes

No

Test for COVID-19 (if available)

Negative Results

Employee remains in home self ISOLATION for a minimum of 14 days & follows doctors orders

Test-based Strategy (if test is available)

Persons with COVID-19 who have symptoms and were directed to care for themselves at home may discontinue home ISOLATION under the following:

> Resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms; AND
> Negative results of repeat Covid-19 testing (if available) from two consecutive nasopharyngeal swab specimens collected at least 24 hours apart (total of two negative specimens)

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Employee may telecommute (if approved by director) during quarantine

Employee may telecommute (if approved by director) during isolation

Return to work process is as follows:

Employee remains in home self QUARANTINE for a minimum of 14 days and until the following conditions are met:

> At least 3 days (72 hours) have passed since recovery defined as a resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms; AND
> At least 7 days have passed since symptoms first appeared

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Did the employee become symptomatic during the 14 day self-quarantine period? (see top for symptoms)

Yes

No

Employee to remain home for 14 days in self ISOLATION; returns to work if asymptomatic after 14 days self-quarantine. Employee may telecommute (if approved by director)

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Return to work options are as follows: